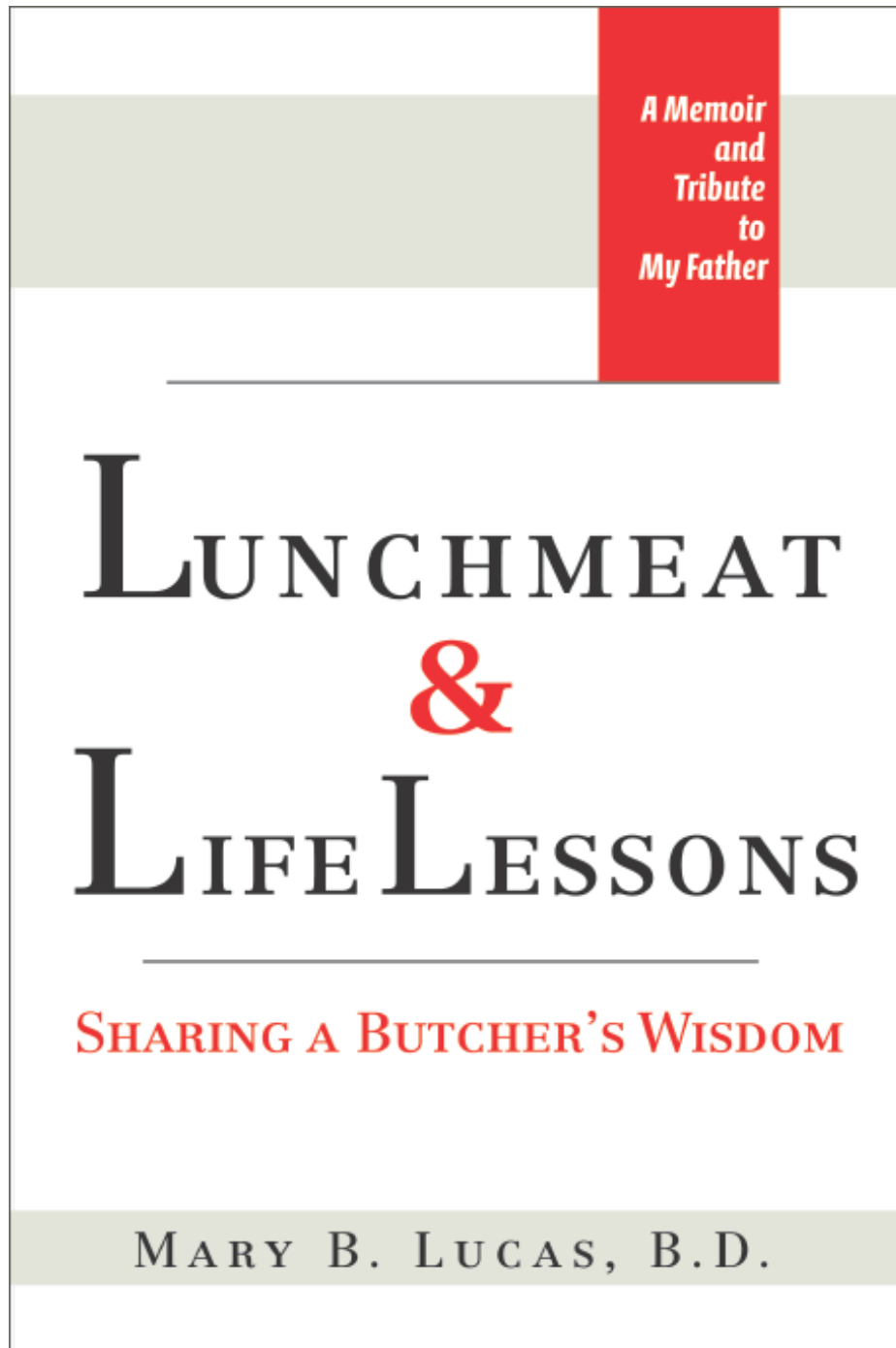


Professional Group Discussion Questions
(Generalized Questions)



LUNCHMEAT & LIFE LESSONS

SHARING A BUTCHER'S WISDOM

Professional Group Discussion Questions (Generalized Questions)

The suggested generalized discussion questions below are presented in no particular order. Start with one of the questions that might generate the most interest, enthusiasm or group involvement.

1. Did you have any "Aha" or "light bulb" moments as you were reading the book? Were any of the life lessons a surprise to you? Describe your experience and why the lesson struck you or "clicked" for you.
2. In which of the life lessons or stories did you personally find significant meaning, or could "visualize" yourself having a similar experience?
3. Which of the butcher's pieces of wisdom do you feel you already know and practice to some extent? What skills do you already have that were emphasized in this book? Give an example of where you displayed this quality.
4. As you reviewed the various life lessons in the book, could you give an example or story of someone you know who has demonstrated one or more of those lessons?
5. Which of the book's life lessons do you feel you would personally like to develop or improve in? Why? What would such improvement do for you? Would it make you a better individual, a better family member, a better employee, a better manager, and/or a better contributor to your company's goals?
6. Have you employed certain strategies to help move your career forward? Do any of your personal strategies resemble any of the life lessons in the book?
7. If you were to make a conscious effort to use some of these life lessons toward personal and professional growth, which ones would they be? And what might this do for your career in the next five years?
8. Do you think engaging in some of these simple and effective strategies mentioned by the butcher might make a difference in bringing more happiness and success into your life?
9. Which of the book's life lessons do you feel, if implemented throughout your department at work, would make a positive difference in the quality or productivity of your workplace?
10. Think for a moment about workplace conflict, perhaps a colleague or policy issue that presents challenges to you. How could you overcome or at least improve the situation by incorporating some of these life lessons? Which ones?

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11. Imagine yourself in the role of a workplace mentor, perhaps in a managerial or supervisory capacity. What behaviors emphasized in the book would help you become a good role model for those who seek your professional guidance? How could you become a good counselor as the author's father, the butcher, was for her?

12. Did you find any flaws or weaknesses in the butcher's advice? Where or when would his kind of basic human philosophy not work? Can you think of any examples?